

OFFICE OF THE SECRETARY TO THE SANGGUNIANG BAYAN

EXCERPTS FROM THE MINUTES OF THE REGULAR SESSION OF THE SANGGUNIANG BAYAN OF ASINGAN, PANGASINAN HELD ON MAY 2, 2022 AT THE ASINGAN GOVERNMENT CENTER SPSSION HALL

PRESENT:

1. Hon. Heidee L. Ganigan-Chua

2 Hon Athena Ira G Chua

3 Hon Marivic S Robeniol

4. Hon, Mei F. Lopez

5. Hon. Johnny Mar A. Carig

6. Hon. Jesus V. Pico 7. Hon. Mark E. Abella

8, Hon, Melchor J. Cardinez. Sr.

9 Hon Joselito V. Viray

10. Hon. Leticia R. Dollente

11. Hon Fiel Xymond R. Cardinez

ABSENT: None

Municipal Vice Mayor Presiding Officer Municipal Councilor

"(Liga President)

"(Liga President)
"(PPSK President)

Sponsored by: SB Member Marivic S. Robeniol

EXPLANATORY NOTE



WHEREAS, under Republic Act No. 11038 otherwise known as the "Mental Health Act" an act establishing a National Mental Health policy for the purposes of enhancing the delivery of integrated mental health services, promoting and protecting the right of persons utilizing psychiatric, neurological and psychosocial health services, promoting and protecting the right of persons utilizing psychiatric, neurological and psychosocial health services, appropriating funds therefore and for the other purposes;

WHEREAS, under Republic Act 7277 as amended, otherwise known as the Magna Carta for Disabled Person, there is a need to include mental health in the public health and hospital system in order to render available, accessible, affordable and equitable quality mental health care and services to our constituents, especially the poor, underserved and high-risk population;

WHEREAS, the World Health Organization (WHO) defines mental health as "a state of well-being in which the individual realizes his or her community", and it also calls attention of the public that the mental health is more than just a presence of psychiatric disorder/sickness but more importantly, also rebounds to a positive condition of one's mental well-being;

WHEREAS, as evidenced in the year 2000, the National Statistics Office mental illnesses as the most common form of disability in the country next to visual and hearing impairments and that there is an average of eighty eight (88) reported cases of mental illness per one hundred thousand (100,000) Filipinos which are usually caused by heredity, psychosocial development and substance abuse. According to MIMS today, between seventeen to twenty percent (17-20%) of Filipino adult experience psychiatric disorder while ten-fifteen percent (10-15 %) of Filipino children aged five to fifteen (5 to 15), suffer from mental health problems;



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WHEREAS, mental health is a growing concern youth and that the problem in mental health contain not just the traditional mental disorder not the issues of target population, susceptible to psychosocial risk caused by the extreme life experiences, helinous and violent crimes, internal displacement brought about by religious and civil unrest, as well as the psychosocial matters of daily living like preserving a sense of well-being in these complicates times:

WHEREAS, there are (CY 2021) number of mental cases in the Municipality of Asingan for the Year 2022. Most of these cases are not confined in the hospital but given mental health care in the community.

NOW THEREFORE, on motion of Councilor Marivic S. Robeniol, duly seconded by all Sangguniang Bayan members present, it was,

RESOLVED, as it is hereby resolved, to approve the following Ordinance, to wit:

ORDINANCE NO. 1 SERIES 2022

AN ORDINANCE PROVIDING FOR A MENTAL HEALTH PROGRAM IN THE MUNICIPALITY OF ASINGAN, PANGASINAN

Be it enacted by the Sangguniang Bayan of Asingan, Pangasinan is session assembled that:

Section 1. Title. This ordinance shall be known as the "Mental Health Program in the Municipality of Asingan, Pangasinan".

Section 2. Declaration of Policy. It is hereby declared the policy of municipality to uphold the right of the people to mental health and encourage mental health consciousness among them. Towards this end, the municipality shall adopt an integrated and comprehensive approach to the development of the Municipal Mental Health Care delivery System to deliver appropriate services and interventions including provision of mental health protection, care, treatment and other essential services to those mental illness or disability.

Section 3. Objectives. The objectives of this ordinance are as follows:

- a) Promote a shift from a hospital base system to a strengthened community based mental health care delivery system;
- b) Integrate mental health care in the general health care delivery system;
- Prevent, treat and control mental illness at all levels and rehabilitate person with mental disability;





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- d) Provide access to comprehensive health care and treatment which ensure a wellbalance mental health program of community based;
- e) Establish a multi-sectoral joint network for the identification and prevention of mental illness or disability and the management of mental health problems among vulnerable groups in the population which includes those affected by overseas employment, children, adolescents, elderly and those who are in need of special protection like survivors of extreme life experience and the victims among others;
- Protect and promote the mental health of the people through a multi-disciplinary approach that covers health, education, labor and social welfare;

Section 4. Definition of Terms.

- a) Mental Health refers to a state of well-being in which an individual fulfills his/her own potential in every stage of human development at work and in relationships in order to cope with the day today stresses of life and make a positive contribution to the community:
- b) Mental Illness refers to mental or psychiatric disorder characterized by the existence of recognizable changes in the thoughts, feeling and general behavior of an individual brought about by neurobiological causes manifested by genetic or biochemical abnormalities and associated medical condition which include distress, personality disorder, substance uses dependence and mental retardation;
- c) Psychosocial Problem refers to a condition that indicates the existence of recognizable changes in the individuals behavior, thought and feelings brought about and closely related to sudden extreme and prolonged stress in the physical or social environment.
- d) Mental Disability refers to impairment in activity limitations and individual and participatory restrictions denoting the negative aspects of interaction between an individual and his environment. This result from organic syndromes such as mental retardation and acquired lesions of the central nervous system, dementia, and psychotic and non-psychotic disorder:
- e) Patient refers to a person receiving mental health care and treatment or psychosocial intervention from a mental health care facility or clinic;
- f) Legal Representative refers to a person charge by law with the duty of representing a patient in any specified undertaking or of exercising specified right on the patients behalf;
- g) Mental Health Professionals refer to those persons with formal education and training in mental health and behavior sciences, such as, but not limited to psychiatrist, psychologist, psychiatric social worker;
- Mental Health Workers refer to trained volunteers and advocates engaged in mental health promotion and services under the supervision of mental health professional;
- Allield Professional refer to any trained or certified non –psychiatric physician, social worker, nurse, occupational therapist, counselor, priest minister, pastor, nun, trained or certified non-psychiatric individuals or non-physician;

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Section 5. Asingan Mental Health Committee. The Asingan Mental Health Committee referred to as the Committee is hereby established under the Municipal Health Office to provide for a consistent, rational and unified response to mental health problems concern and effort through the formulation and the implementation of the Municipal Mental Health Care Delivery System.

For purposes of this ordinance, the Asingan Mental Health Care Delivery System shall constitute a quality mental health care program through the development of efficient and effective structures, system and mechanisms that will ensure fair, accessible, affordable, appropriate, efficient and effective delivery of mental health care to all its stakeholder by qualified, competent, compassionate and ethical mental health professionals and mental health.

Section 6. Composition. The Committee shall be composed of the following:

Municipal Mayor as Chairperson Municipal Health Officer as Co-Chairperson

Municipal Social Welfare & Development Officer

Members:

Chairman, SB Committee on Health
DepEd Public School District Supervisor
Liga ng mga Barangay President
Philippine National Police
Municipial Budget Officer
One (1) Representative from Non-Government Organization involved in mental health issues, &
One (1) Representative from the private health sectors (Optional)

Section 7. Quorum.

The presence of a majority of the members of the committee shall constitute a quorum.

Section 8. Meetings.

The committee shall meet quarterly or as frequently as necessary to discharge its duties and functions. The committee shall be convened by the Chairperson.

Section 9. Duties and Functions of the Committee.

- a) Review and formulate policies and guidelines on mental health issues and concerns;
- b) Develop an inclusive and integrate plan and program on mental health;
- c) Conduct regular monitoring and evaluation in support of policy formulation and planning on mental health:



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- d) Promote, facilitate and collaboration among sectors and disciplines for the development and implementation of mental health related programs within these sectors:
- e) Provide over-all Technical Supervision and endure compliance with policies, programs, projects within the comprehensive framework of Municipal Mental Health Care Delivery System and other such activities related to the implementation of this ordinance, through the review of mental health services and the adoption legal and other remedies provided by law;
- Reviews all existing laws related to mental health and recommended legislation which will sustain and strengthen programs, services and other mental health initiatives;
- g) Create such inter-agency committee, project task force and other groups necessary to implement the policy and program framework of this ordinance, and
- Perform such other duties and functions necessary in carrying the purpose of this ordinance.

Section 10. Duties and Functions of the Co-Chairperson. The Municipal Health Officer shall perform the following duties and functions:

- Act as Chief Executive Officer of the Committee and assume full responsibility in implement its purposes and objectives;
- Maintain a close and functional relationship with the Department of Health and other government and private entities concerning mental health care;
- Formulate, develop and implement subject to approval of the Committee measures that will effectively carry out policies laid down by the Committee.

Section 11. Community Based Mental Health Care.

The Mental Health care Delivery System shall evolve from a Predominantly Hospital Based mental health care system to a comprehensive community based mental health care system which shall consist of:

- Mental Health Service Development Mental Health Service shall within the general health care system in the community include the following:
 - Development and integration of mental health care at the primary health in the community;
 - ii. Continuation of programs for capacity building among exiting local mental health workers so that they can undertake mental health in the community and undertake training capacity building programs in close coordination with mental psychiatric hospitals:
 - iii. Continuous support services and intervention for families and co-workers, and
 - Advocacy and promotion of mental health awareness among the general population.

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> b) Capacity Building, Reorientation and Training – Capacity building, reorientation and training shall in close coordination with the Department of Health or Mental Facilities be required for those who for mental health professionals or workers whose previous education and training had not emphasized community mental health perspective.

Section 12. Promotion of Mental Health. To protect the right for dignity, respect and justice of those who are suffering from mental health programs, the committee shall promote and integrated approach to mental health care to prevent mental disorders through programs that strengthen the basic coping mechanism of individuals in relation to stress and advocacy to raise the value of mental health consciousness among the people.

Section 13. Access to Effective and High Quality Mental Health Care. Any person shall have right to receive mental health care appropriate to his needs and shall be entitled to acre and treatment in accordance to the same standards and accessibility as other sick individuals. An improved, effective and easy access to mental health care shall be made possible and shift a predominantly hospital based mental health care to community base care shall be provided.

Section 14. Person with Mental Illness or Disability. The determination that a person has a mental illness or disability shall be made according to internationally accepted medical classification and standards.

Section 15. Confidentiality. All patients or clients with mental illness or disability shall enjoy the right to confidentiality.

Section 16. Patients Treatment. A patient with mental illness or disability shall have the right to treatment in the least restrictive environment suited to the patients mental health needs.

Section 17. Consent to Care, Treatment or Rehabilitation. The consent of the patient to be treated or admitted in a mental health facility shall be obtained freely without treats or improper inducements and with patient disclosure to the patient of adequate and understandable information in a form of language that is understood by the patient. When he patient at the relevant time, lacks the capacity to give or withhold consent, his next of kin or legal representative shall give consent.





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Mental Health Facility

A mental health facility shall have adequate number of mental health professional, workers and allied professionals which shall include ample space to provide each patient with privacy and appropriate diagnostic and therapeutic appearatus, regular and comprehensive treatment and medications. Every mental health facility shall be inspected frequently by competent authorities to guarantee that the treatment conditions and care of patients comply with this existing reculation.

Voluntary Admission

Every patient admitted voluntarily shall have right to leave the facility upon the recommendation of six attending psychiatrist. Provided, that the patient may be retained for further treatment and car in case of the following observations:

- a) There exists a serious likelihood of danger of harming himself or others;
- The severity of the patients mental illness likely to lead serious deterioration in his condition; and
- c) The appropriate treatment can only be done by admission to a mental health facility.

Section 18. Access to Information.

Only patients or former patients shall be entitled to have access to their personal mental health records. For justifiable person such confidential information may not be given to the patient but instead be given to the patients representative or counsel.

Section 19. Appropriation.

The Municipal Government shall appropriate the necessary amount of Twenty Thousand Pesos (Php20,000.00) to be sourced out from the General Fund for the implementation of this ordinance.

Section 20. Repealing Clause. All ordinance, rules and regulations or part thereof, in conflict with, or inconsistent to the provisions of this ordinance are hereby repealed or modified accordinally.

"APPROVED Unanimously".





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Date Approved: May 2, 2022.

I HEREBY CERTIFY to the correctness of the above-quoted ordinance

DISTADO C./BALANGA eccetary to the Sangguniang Bayan

ATTESTED:

HEIDEE L. GANIGAN-CHUA Municipal Vice Mayor Presiding Officer

ATHENA IRA Q. CHU

MARIVIC S ROBENIOL, RN Municipal Councilor

MELF. LOPEZ

Municipal Councilor

LETICIA'R. BOLLENTE Municipal Councilor/LnB President ENGR. JESUS V. PICO Municipal Councilor

MARK E ABELLA Municipal Councilor

MELCHOR J. CARDINEZ, SR. Municipal Councilor

JOSELITOV. VIRAY

PIEC XYMOND R. CARDINEZ
Municipal Councilor/PPSK President

APPROVED:

ENGR. CARLOS A. LOPEZ, JR. Municipal Mayor